New Clinical Studies Prove that Asking Patients the Right Questions Can Improve Quality, Reduce Costs of Care

DUBLIN, Ohio, June 18, 2015 /PRNewswire/ -- A series of new clinical studies demonstrates the essential role that patient-reported outcomes (PRO) analysis can play in advancing patient-centered care. These studies also illustrate the feasibility of leveraging user-friendly technology solutions to collect PRO data in real-time, at the point of care.

In a recent Q&A blog post on Cardinal Health's online thought leadership site, Essential Insights, Dr. Bruce Feinberg, vice president and chief medical officer of Cardinal Health Specialty Solutions, shares his insights on how PRO analysis can help improve the quality of care while driving down costs. Dr. Feinberg shared this research at the 2015 International Society of Pharmacoeconomic and Outcomes Research (ISPOR) 20th Annual International Meeting.

"The research we highlighted at ISPOR 2015 reinforces a simple truth – if we want to find ways to improve the quality of life and reduce costs of caring for patients with complex diseases, we need to start by talking to patients themselves," says Dr. Feinberg. "Patient reported outcomes data can help physicians determine the most appropriate course of treatment – and address not only the disease, but also patient's needs."

To learn more about this research, read Dr. Feinberg's full Q&A blog post at Essential Insights, or take a look at the full abstracts of Cardinal Health Specialty Solutions research presented at ISPOR 2015.

About Cardinal Health

Headquartered in Dublin, Ohio, Cardinal Health, Inc. (NYSE: CAH) is a \$91 billion health care services company that improves the cost-effectiveness of health care. As the business behind health care, Cardinal Health helps pharmacies, hospitals, ambulatory surgery centers, clinical laboratories and physician offices focus on patient care while reducing costs, enhancing efficiency and improving quality. Cardinal Health is an essential link in the health care supply chain, providing pharmaceuticals and medical products and services to more than 100,000 locations each day and is also the industry-leading direct-to-home medical supplies distributor. The company is a leading manufacturer of medical and surgical products, including gloves, surgical apparel and fluid management products. In addition, the company operates the nation's largest network of radiopharmacies that dispense products to aid in the early diagnosis and treatment of disease. Ranked #26 on the Fortune 500, Cardinal Health employs 34,000 people worldwide. More information about the company may be found at www.cardinalhealth.com and @CardinalHealth on Twitter.

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