

Cardinal Health Among 64 Employers Recognized by National Business Group on Health for Promoting Healthy Lifestyles

DUBLIN, Ohio, June 17, 2015 /PRNewswire/ -- The National Business Group on Health, a non-profit association of large U.S. employers, today honored **Cardinal Health** for its ongoing commitment and dedication to promoting a healthy work environment and encouraging their workers and families to maintain healthy lifestyles with its *Best Employers for Healthy Lifestyles®* award.

Cardinal Health was among 64 U.S. employers that received the 2015 *Best Employers for Healthy Lifestyles®* award at the Leadership Summit sponsored by the National Business Group on Health's Institute on Innovation in Workforce Well-being. Cardinal Health received a platinum award for its progress driving well-being initiatives that not only align with the business strategy, but are embedded within the workplace culture.

"As health care continues to be driven by the consumer, we know people are often overwhelmed with the options available," said Carole Watkins, chief human resources officer at Cardinal Health. "At Cardinal Health, we strive to provide our employees' health benefits information through consumer-centric messaging and tools focused on simplifying what can be a complicated process. The Healthy Lifestyles program is an integral component of our benefits strategy, and is designed to foster and support the well-being of our employees and their families."

To best resonate with employees, the Cardinal Health Healthy Lifestyles program combines work/life and vitality initiatives in a holistic format. The model allows employees to comprehensively review all Cardinal Health benefit offerings regarding consumer-driven health plans, personalized well-being offerings, work/life programs, financial savings plans and employee assistance programs.

Brian Marcotte, president and chief executive officer of the National Business Group on Health, commented, "We congratulate Cardinal Health for being among an elite group of companies that are making a difference every day in improving the health and overall well-being of their employees and families. Cardinal Health and its leadership team are to be commended for their commitment to promoting healthy work environments and for their innovation in developing outstanding programs for employees that encourage good health and well-being."

Winners of the *Best Employers for Healthy Lifestyles®* awards were honored in one of two categories: Platinum, for exemplary workplace well-being programs, cultures and results; or Gold, for creating cultural and environmental changes that support employees in their lifestyle and behavior changes.

About Cardinal Health

Headquartered in Dublin, Ohio, Cardinal Health, Inc. (NYSE: CAH) is a \$91 billion **health care services company** that improves the cost-effectiveness of health care. Cardinal Health helps **pharmacies, hospitals, ambulatory surgery centers, clinical laboratories** and **physician offices** focus on patient care while **reducing costs, enhancing efficiency and improving quality**. Cardinal Health is an essential link in the health care supply chain, providing **pharmaceuticals** and **medical products** and services to more than 100,000 locations each day and is also the industry-leading direct-to-home medical supplies distributor. The company is a leading manufacturer of medical and surgical products, including **gloves, surgical apparel** and **fluid management** products. In addition, the company operates the nation's largest **network of radiopharmacies** that dispense products to aid in the early diagnosis and treatment of disease. Ranked #26 on the Fortune 500, Cardinal Health **employs 34,000 people** worldwide. More information about the company may be found at www.cardinalhealth.com and [@CardinalHealth on Twitter](https://twitter.com/CardinalHealth).

About the National Business Group on Health®

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation and health care management. The Business Group leads initiatives to address the most relevant health care issues facing employers today and enables human resource and benefit leaders to learn, share and leverage best practices from the most progressive companies. Business Group members, which include 71 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

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